

## Wildlife in CalaisMuir Wood

### Protected Mammals

Soprano Pipistrelle (Bat)  
Red Squirrel  
Hedgehog

### Birds ( Red listed)

Tawny Owl  
Spotted Flycatcher  
Reed warbler  
Grasshopper Warbler  
Redpoll, Common &  
Lesser  
Woodcock  
Redwing

### Woodland favourites

Roe Deer  
Buzzard  
Fox  
Common Toad  
Common Frog  
Song Thrush  
Bullfinch

**See what you can spot!**

# Calais Woods & Duloch Park



## Volunteer in your Woods & Park



There are plenty of opportunities for ad-hoc or regular volunteering with Calais Woods groups or the junior parkrun. Whether you want to help look after the Paths, Gardens or can spare an hour to marshall at junior parkrun. Visit both websites or Find us on Facebook.



[www.calaiswoods.co.uk](http://www.calaiswoods.co.uk)

[www.parkrun.org.uk/duloch-juniors/](http://www.parkrun.org.uk/duloch-juniors/)

## Want to support our work?

Say thanks by donating the equivalent cost of a coffee today by scanning the QR code. All donations go towards running the group, and making our Woods & Park a better place.



## How to find us

Calais Woods & Duloch Park, Dunfermline, KY11 8LW

Parking available at Duloch Leisure Centre

 [ruffle.snuck.servicing](http://ruffle.snuck.servicing)



Developed by Volunteers from  
Calais Woods Community with Local  
Community Funding from Fife Council



# Calais Woods & Duloch Park

The ancient woodland of Calais first appears on local maps in the 1700s, with the first path charted in 1896. With the expansion of housing in early 2000s, Duloch Park was formed and the landscape has evolved.



- Activities around the woods**
- Playparks
  - Duck Pond
  - Wooden Sculptures
  - Fairy trail
  - Duloch in Bloom
  - Junior parkrun

## History

Discovered in 1885, dating back 4000 years, you'll find the site of a bronze age burial tumulus. As you walk round the eastern boundary, you'll be walking on the trackbed from the Halbeath to Inverkeithing railway which was opened in 1783, and took primarily coal to the harbour and salt pans until 1867. Along this eastern edge, you'll see the remains of a Limekiln which was used to make quicklime from the local limestone, and likely used to reduce the acidity of the fields in local farms. The disused quarries along the east of the woods were developed in the 1800s after a seam of Limestone was discovered.



You can read more on our website.

**Key:**

- To Dunfermline Learning Campus
- 1km - About 15 minutes. Gravel paths
- 2km - About 30 minutes. Gravel path, muddy in places during winter
- 2.5km - About 45 minutes. Gravel paths
- 3km - About 1 hour. Gravel paths in woods, tarmac in park
- NHS Couch to 5KM - Blue + Purple = 5km
- Access point
- Activity