Distances between Benches History in the 1700s, with the first path charted in 1896. With the 275m formed and the landscape has evolved. 420m 240m 160m 160m 180m 110m 110m 290m Limestone was discovered. 180m 180m 100m Key: 220m 230m 100m 220m 50m **Activities around** 315m 420m the woods Playparks 300m · Duck Pond Wooden Sculptures Access point Fairy trail Duloch in Bloom v3 August 2024

Discovered in 1885, dating back 4000 years, you'll find the site of a bronze age burial tumulus. As you walk round the eastern boundary, you'll be walking on the trackbed from the Halbeath to Inverkeithing railway which was opened in 1783, and took primarily coal to the harbour and salt pans until 1867. Along this eastern edge, you'll see the remains of a Limekiln which was used to make quicklime from the local limestone, 420 m and likely used to reduce the acidity of the fields in local farms. The disused quarries along the east of the woods were developed in the 1800s after a seam of

> You can read more on our website.

- To Dunfermline Learning Campus
- 1km About 15 minutes.
- 2km About 30 minutes. Gravel path, muddy in places during winter
- 2.5km About 45 minutes.
- 3km About 1 hour. Gravel paths in woods, tarmac in park
- NHS Couch to 5KM Blue + Purple = 5km